# GOALS RETREAT 2019



## HIGHER GROUND: THE ARC OF THE SPIRITUAL WARRIOR

### SATURDAY AND SUNDAY FEBRUARY 16th-17th, 2019

DESERT HOT SPRINGS/JOSHUA TREE, CA



Please join Clairvoyant Melinda Hess and Guest Speakers for a special GOALS RETREAT and PRIVATE SOUND BATH at the Integratron near Joshua Tree, CA.

A limited number of private sessions are available during the retreat weekend. Please inquire about private session availability if desired.



HIGHER GROUND: SEE THE PATH FORWARD WITH CLARITY,

#### PURPOSE AND WISDOM

The restructuring of life on Planet Earth between 2012-2026 is at its most important turning point! The Arc of the Spiritual Warrior is about harnessing the strength, wisdom and courage to DEEPEN your understanding of your KARMIC PATH and your HIGHER PURPOSE. Challenges are opportunities for GROWTH and CHANGE. Allow the DIAMOND that is your SOUL ESSENCE to shine brighter than ever! Through strength and courage, you will surmount whatever obstacles might arise. Allow the Masters and Angels to help you REACH HIGHER GROUND IN 2019!



Melinda Hess is an intuitive counselor and teacher based in Southern California. Melinda teaches meditation and intuitive development techniques for individuals and groups, designed to enhance wellness and balance in all areas of life. For more information about Melinda's background, please visit her website:

www.melindahesspsvchic.com



WORKSHOP DETAILS:

Workshop begins at 11:30 am Saturday February 16th in Desert Hot Springs. Integratron Sound Bath will be at 4:30 pm. Saturday afternoon. Dinner at Pappy and Harriets (on the way back to Desert Hot Springs) will be Saturday evening at 6:30 pm.

Sunday February 17th session begins at 12 pm in Desert Hot Springs. Closing Circle will be held at 4:30 pm Sunday.

Lunch and refreshments served both days of the workshop.

As you may know the Integratron is booked months in advance due to overwhelming popularity - our booking has already been secured. Book hotel accommodations as soon as possible to ensure availability.

#### THE INTEGRATRON:

George Van Tassel, an aerospace engineer, created the Integratron many years ago as an accelerator of human growth and awareness, helping us to advance our consciousness beyond our years. Howard Hughes was a main benefactor of this project, having employed Van Tassel at Hughes Aircraft for many years. A wooden dome containing no metal, the end result is resonant sound perfection atop a geomagnetic healing vortex in the Mojave desert, a modern icon to Tesla energetic principles. Nearby Giant Rock was very important to the Native Americans, who adorned it with the Sign of The Scorpion, designating a place of sacred energy and ceremony.



The Sound Bath is conducted in the top of the dome with the crystal bowls played in sequential order to enact changes in the chakras and energy field, root to crown. The Sound Bath is unique, unlike anything many people have experienced

The Integratron has been featured in many print publications and broadcast forums: the New York Times, the LA Times, Vanity Fair magazine, the Atlantic, Huell Howser's "California Gold" and Anthony Bourdain's "No Reservations" program on Travel Channel.

http://www.nytimes.com/interactive/2014/08/20/style/tmagazine/welcome-to-the-integratron.html

The energetic vortex effect is evident on the grounds of the Integratron, and provides its own special boost to the your inner work and goal setting.

For more information on the Integratron, visit their web site:

https://www.integratron.com/

#### LODGING RECOMMENDATIONS



To fully enjoy your healing weekend experience, we recommend lodging at one of the mineral water resorts of Desert Hot Springs. For those not familiar with Desert Hot Springs, it is about 12 minutes north of Palm Springs...in the Miracle Hill area, a number of boutique spas offer access to some of the finest mineral waters in the world with full service spas offering an array of healing services. Many have full kitchens in the rooms which is a plus...

Lido Palms Resort <u>www.lidopalms.com</u> 760-329-6033



Miracle Springs Resort and Spa http://miraclesprings.com/ 760-251-6000

## DINNER AT PAPPY AND HARRIET'S FOLLOWING THE SOUND BATH (OPTIONAL)



We have also arranged for a dinner at Pappy and Harriets in Pioneertown, CA (on the way back to the 10 Freeway and Desert Hot Springs) at 6:30 pm Saturday evening, following the Sound Bath.

WORLD RENOWNED MUSICIANS INCLUDING PAUL MCCARTNEY AND MANY OTHERS have played at Pappy and Harriets'. Pappy and Harriet's is a dynamic music venue, hosting great talent including Vampire Weekend, Sean Lennon, Leon Russell, Rufus and Lucy Wainwright, Kenny Loggins and many many others. Robert Plant (yes THE Robert

Plant) is also frequent visitor .... in their Facebook

photo gallery you will see him visiting with folks and singing on stage! Pappy's has fantastic mesquite grilled steaks, chicken and vegetables and fantastic music



Sagewater Spa <u>www sagewaterspa com</u> 760-220-1554



The Spring Resort and Spa <u>http://the-spring.com/760-25</u>1-6700



Tuscan Springs Hotel and Spa <u>http://tuscansprings.com/</u> 760-257-0189



Two Bunch Palms <u>www.tw</u>ob<u>unchpalms\_com</u> 760-329-8791



Questions about lodging and spa options, please let us know:)



Sir Paul at Pappy and Harriets

If you have never been to Pappy's, it is a one of a kind experience! For more information: <u>www.pappyandharriets.com</u>

Registration and Prepayment Required by Friday January 18th, 2019.

Fee for Workshop, Including Lunches and Integratron: \$195.00 Per Person

Payment is accepted via Paypal to mgodhess@aol.com; or by cash or check. Please contact Melinda to make payment arrangements.

https://paypal.me/MelindaHess

You are responsible for all other costs of lodging, food, and your transportation to/from the workshop

A confirmation email with the final schedule will be sent out to all confirmed participants on/before Wednesday, January 23, 2019.

We look forward to seeing you soon in the magical Mojave desert!

Many Blessings and Happy New Year,

Melinda Hess 310-560-6222

